

Vision House Resident Store Food List

Vision House is a Christian social service agency in Renton that has provided housing, support services and child care for homeless families with children since 1990.

Families often arrive after living in a car, tent or even a garage. Vision House provides a Resident Store where families can come to “shop” twice each month (at no cost to the family). This encouragement helps families to get back on their feet and provides for a stable home. By providing these non-perishable food items, you are helping them to feel safe and cared for.



Here is a list of things that would be helpful for our Resident Store:

- Protein in a jar or can, non-perishables that are low in sugar (no refrigeration in the food pantries)
- peanut butter
- jelly
- canned chicken
- protein bars or granola bars
- boxes of cereal
- crackers
- cans of beans, black or refried especially
- beef sticks
- packages of pasta
- pizza sauce
- canned corn or beans
- tomato sauce in can or jars
- cans of already mixed noodles, sauce and meat (like spaghetti's, macaroni and cheese, Chef Boy-r-dee or Hamburger Helper)
- canned soup
- Dried mashed potatoes
- Canned or jarred fruit
- Pudding cups
- Applesauce
- Fruit snacks
- Crackers with peanut butter or cheese
- powdered drinks: lemonade, milk, instant coffee (not koolaid or HiC punch)